# **VOLUNTEER NEWSLETTER 1**

#### 2017 Project Updates

**23 Tonnes** of food was donated to our Foodbank.

**3865 people** received a food parcel

**1361** of these were children

8164 meals were provided 1,520 customers attended our

Soup Pot

**48 people** attended our Soup Pot's Christmas Lunch

Around 20 people attended FVRC's Recovery Café every week

Around 1250 customers attended our Friday Community Café

**318 children** were provided with school uniforms and equipment via our School Uniform Bank

We could not deliver our projects without our hard-working volunteers.

Thank you so much for all your support during 2017. We look forward to working with you all during 2018.

## Something to Say?

Is there anything you would like to read about in this newsletter or displayed on our volunteer noticeboard?

Do you have something for sale? Do you need information about anything in general? Do you have details about a local event? Do you have any news or stories that may be of interest to other volunteers?

Please Note: Information does not have to specifically relate to The Gate Charity. Simply, if you think your news, stories and or enquiries are of interest to other volunteers then speak with Marie now!



#### A Sad Goodbye to Agnes & Grace

We were sad to say goodbye to Agnes Walters and Grace McIntosh in Dec 2017 after they both retired from our Soup Pot project. Both ladies have been instrumental in operating the project for over 10 years. Our Centre Manager used to call them her "Gate Mammies" as they were so caring and kept her on her toes. They will be very missed by volunteers, staff and of course our Soup Pot service users. Hopefully they will pop along to the Gate Centre soon for a catch up, a cup of tea and a bowl of soup!

We wish them well for the future!

#### **Training Opportunity**

Overdose Awareness & Intervention Course. Thursday 1<sup>st</sup> March 2018. 9.30am – 12.30pm.

If you are interested in attending this course, speak with Marie to book a place.

## **Catching Up!**

One thing we try to do is catch up with our volunteers at least once a year to ensure that your needs are being met. This is a great opportunity for you to have your voice heard and to feel more informed about The Gate's developments.

It would be really good if you could arrange to meet up with our Centre Manager for an informal 10-minute chat at a time that suits you.

Just pop along to the office to make arrangement with Marie.



Volunteers don't get paid because they are worthless; they don't get paid because they are <u>PRICELESS</u>!

# Jackson's Journeys



Take Jackson on holiday with you Take a photograph of you both at your destination Email the picture to Marie

Lets see how far around the world Jackson can travel during 2018 with our volunteers!

### Fast Facts:

- 76 registered volunteers
- 21 recruited during 2017
- **13** volunteers have moved on to other things