



## *An update from Adrienne.....*

To date, there has already been a 6% increase in referrals compared to 2017 statistics and October to February is always our busiest months! We could not operate this project without the continued support from the local community who donate items of food, toiletries and cash on a regular basis to support those affected by poverty. Donations were enhanced this month through harvest collections. Various schools and churches donated over 1 tonne of food which has increased our stock levels.

During the month of November, we plan to launch our Christmas appeals. We would like to beat the number of advent calendars we received last year. We donated 350 calendars as well as festive treats to most primary schools within Clackmannanshire and many children's

children's charities including Homestart, Community House, Women's Aid and local Family Centres. We also add festive treats to our food parcels throughout the Christmas period. We are now collecting advent calendars, selection boxes and festive items.

We will be operating a trolley drop in Tescos on Thurs 29 & Frid 30 Nov and Sat 1 Dec 2018. Volunteer assistance would be fully appreciated. If you have a spare hour or two, please let me know!

Our volunteers are the "backbone" to this project. Your assistance through shopping, sorting/dating stock, delivering parcels and engaging with service users is greatly appreciated. Thank you so much for all your help to date, we could not operate our Foodbank without your hard work and dedication!

## *Jackson's Journeys*

Our **Jackson** has been visiting many different places recently. Over the last few months, he has visited France on three different occasions. He joined Adrienne and Sandra and acted as a guard dog over their "kitty money". In September, he landed at the same spot as Louis Bleriot with Margaret Van Der Merwe and loved visiting Disneyland, Paris with our Centre Manager. However, the pup mostly enjoys visiting local places so if you are going anywhere for any occasion take along the keen companion! For example, he recently joined a Christian Aid Exhibition at Ludgate Church with Val and spent time with Anne during Riverside Drama Club's panto rehearsals. Everyone enjoyed seeing him as well as hearing about all his journeys and adventures!





## Appreciating our Volunteers!

Last month we carried out our first ever awards ceremony to show our **65 volunteers** our appreciation for all their hard work and dedication. Each volunteer received a Certificate of Appreciate and Length of Service Award pins.

**Darcey Rogers was awarded the Young Volunteer of The Year 2018.** Darcey has been volunteering with The Gate for over 3 years, providing admin support after originally enrolling to fulfil the community requirements to achieve a Duke of Edinburgh Award. Darcey will be starting Edinburgh University next month, and although it will be a great loss to The Gate, we wish her all the very best with her future studies!

We thoroughly appreciate all our volunteers hard work, regardless of the length of time they have been supporting The Gate projects, the number of hours they dedicate each week or their role within our team. Each volunteer brings their own individual worth and we could not operate our services without their valued support and commitment.

## Project Updates!

Quarter 3  
(Jul, Aug & Sept 2018)

### Foodbank

- 18342 meals distributed
- 946 people supported
- 492 parcels provided

### Soup Pot

- 332 customers supported

### Home Starter Packs

- 11 packs provided, supporting 12 adults and 6 children.

## Dates for your diary

- **IGNITE** Social Group for Young People (Aged between 11 – 17 years of age). The Gate Centre. 7.30pm – 9pm. Every 2<sup>nd</sup> Friday in the month.
- Volunteer First Aid Training. **Sat 10<sup>th</sup> Nov 11.30am – 1.30pm. The Gate Centre.**
- Football Match BSC Glasgow Vs The Spartans. Alloa Athletics Football Ground, The Indodrill Stadium. **Sat 17th Nov 2018, it's a 3pm kick off!** Entry fees donated to The Gate.
- **Christmas Fayre. Alloa Town Hall. Sunday 25<sup>th</sup> November 2018. 1pm – 4pm.** Supporting The Gate Charity and Active8.
- Trolley drop – Tesco's Supermarket. **Thurs 29 & Frid 30 Nov and Sat 1 Dec 2018.** Volunteer Assistance Required.
- Catering contract. Alloa Town Hall. **Tuesday 27 Nov (9am & 11am)** Volunteer Assistance Required.
- "Scots Themed Gig at The Gate". **Sat 12 Jan 2019. 2pm – 5pm.** Volunteer Assistance Required.

## "Scots Themed" Gig at The Gate

**Sat 12<sup>th</sup> January 2019**  
**2pm – 5pm**  
**The Gate Centre**

**Tickets are Limited**  
**BOOK NOW**  
**01259 218766**

**£2.50**  
(Includes **FREE** refreshments)

**Get your tartan ready for some good old-fashioned Scottish dancing!**