

the gate

January to March 2024

During the first 3 months of 2024 we have...

Given out over 20000 meals.
Almost enough to feed a fully packed Wembley Arena, twice!



Our foodbank has distributed
over 7000 kg of food, the
equivalent of two rhinoceroses



**All delivered by our amazing volunteers, who
spent nearly 5000 hours of their time serving the
community**

We have hosted:

Craft Clubs
Lifeskills Classes
Mens Clubs
Exercise Classes

We have provided:

Essentials Starter Packs
Taxi Service
Baby Milk
Sim Cards

**If you would like to help,
you can learn more about
how to get involved or
donate at:
the-gate-charity.org**

